



ADVANCED DERMATOLOGY
BEL AIR • HUNT VALLEY • TOWSON

Cutera

**Recommended Pre & Post Care Instructions for Laser
Genesis Treatment & Pigmented Lesions**

Before Treatment: ** Purchase aloe gel for post treatment **

- * Do not wear makeup on the day of treatment
- * Excess hair may need to be shaved. Men should be cleanly shaved
- * Some medications or supplements may increase the risk of bruising
- * No sun-tanning or self-tanners 4 weeks prior to treatment
 - ** Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- * Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.)
- * Notify clinic with any changes to your health history or medications since your last appointment
- * History of herpes or cold sores may require an anti-viral prescription prior to treatment

After Treatment:

- * Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage
- * Bruising, redness and swelling may occur and resolve with time
- * Treated pigment will turn darker (brown to black) within 24-48 hours (IF pigmented lesions treated)
 - * Do not pick treated areas
 - * Treated pigment will exfoliate off the face in approximately 1 week
 - * Treated pigment will exfoliate off the body in 2-3 weeks
- * Avoid heat - hot tubs, saunas, etc., for 1-2 days
- * Avoid skin irritants (examples below) for 3-5 days post - treatment
 - * Products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic / Salicylic Acid, Astringents, etc.
- * Multiple treatments maybe required
- * Notify clinic of any concerns (blistering, excessive redness / swelling, etc.)
- * After treatment, ice & apply aloe gel